

November 2017 ST. CATHERINE OF SIENA CATHOLIC SCHOOL



School Information:

Student Meals-\$3.00; Milk .60¢; Visitor/Adult Meals-\$3.60
 Lunch Times: K-2nd Grades 11:25-12:05
 3rd-5th Grades 12:10-12:40
 6th-8th Grades 12:15-1:15
 All meals subject to change without notice.



Nutrition Tip: Rewrite the kids' menu. Who says kids only want to eat hot dogs, pizza, burgers, and macaroni and cheese? When eating out, let your kids try new foods and they might surprise you with their willingness to experiment. You can start by letting them try a little of whatever you ordered or ordering an appetizer for them to try.

USDA is an equal opportunity provider and employer

Monday

Tuesday

Wednesday

Thursday

Friday



ALL SAINTS DAY

1

NO SCHOOL



Biscuit & Gravy
 Scrambled Eggs
 Hashbrown Triangle
 Orange Smiles
 Juice 4 U
 Milk

2

**Cheese Pizza
 Tossed Romaine Salad
 w/Bar Fixin's
 Fruit Cocktail
 Rice Krispie Treat
 Milk

3

**WG Corn Dog
 Tator Tots
 Seasoned Green Beans
 Apple Wedges
 M&M Cookie
 Milk

6

Chicken Fried Steak
 Mashed Potatoes & Gravy
 Sliced Cucumbers & Ranch
 Diced Pears
 WW Roll & Butter
 Milk

7

Super Nachos
 w/ Fresh Salsa
 Sweet Niblet Corn
 Applesauce
 Gogurt
 Milk

8

Pizza Pasta Bake
 Garlic Bread Stick
 Romaine Salad w/Bar Fixin's
 Mixed Fruit Salad
 Whole Fruit Juice Cups
 Milk

9

**Whole Grain Pretzel
 Cheese Sauce
 French Fries
 Baby Carrots
 Trix Yogurt
 Pineapple Tidbits
 Milk

10

**Hamburgers
 Tri Tator
 Baked Beans
 Fresh Grapes
 Pudding Cup
 Milk

13

**Popcorn Chicken
 Sweet Niblet Corn
 Baby Carrots
 Pineapple & Mandarins
 Brownie
 BBQ/Ranch Dips/Milk

14

**Pancakes
 Sausage Pattie
 Yogurt Parfait
 Tator Tots
 Juice 4 U
 Milk

15

**Oven Roasted Turkey
 Mashed Potatoes & Gravy
 Seasoned Green Beans
 Fresh Fruit Cup
 Pumpkin Choc Chip Bar
 Milk

16

**Grilled Cheese
 Choice of Chips
 Tossed Romaine Salad
 w/ Bar Fixin's
 Diced Peaches
 Chocolate Chip Cookie & Milk

17



20



21

NO SCHOOL

22



Thanksgiving

23



24

NO SCHOOL

**Chicken Nuggets
 Mac & Cheese
 Seasoned Green Beans
 Sliced Cucumbers w/Ranch
 Rosy Applesauce
 Milk

27

**Stromboli Bites
 w/Marinara Sauce
 Tossed Romaine Salad
 w/ Bar Fixin's
 Fruit Mix Up
 Snickerdoodle Cookie & Milk

28

**Grilled Chicken
 Sweet Niblet Corn
 Baked Beans
 Diced Peaches & Pears
 Sherbert
 Milk

29

Chicken & Noodles
 Mashed Potatoes
 Baby Carrots
 Apple Slices
 Cinnamon Puff
 Milk

30

**Waffle Minis
 Scrambled Eggs
 Tator Tots
 Yogurt Smoothie
 Fresh Banana
 Milk