Catholic Diocese of Wichita Religion Curriculum Guide 1st GRADE



Revised: 2013

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Scope and Sequence

Below is a list of the terms and their definitions that will help you plan lessons to meet the expectations of each new skill (per grade) in the Scope and Sequence.

- <u>"I"-Introduce:</u> To "introduce" a skill a teacher must present material in a manner so that a student becomes acquainted with basic knowledge and principles necessary to enhance these building blocks for later application as understanding increases.
- <u>"D"-Develop:</u> To "develop" a skill a teacher must have already introduced the material and now directs a stronger focus of the material as understanding increases. A teacher must build upon the basic knowledge, leading each student toward mastery of the particular skill.
- <u>"M"-Master:</u> To "master" a skill a teacher must have introduced and developed a particular skill so a student can demonstrate proven ability and control at the application and impact levels. This control should include recall, but not only be limited to this basic level of learning.
- <u>"R"-Reinforce:</u> To "reinforce" a skill a teacher must know that mastery has occurred. A teacher must build upon this mastery level of knowledge to improve application and impact abilities. Additional support and material that increases ability are at the core of reinforcement.

Organization

This grade level document draws just the relevant information from the entire K-8 religion curriculum guide. As a result, there will be places where the numbering and lettering seem out of order. For a complete understanding, please refer to the complete guide.

CREED: DOCTRINE OF FAITH	D	I	R/M
Benchmark 1: The learner will define the Trinity.	D		
1) Identify God as three Divine Persons (Father, Son, and Holy Spirit) in one Being.			R
2) Attributes of the Trinity	D		
Benchmark 2: The learner will explain the core beliefs held by Catholics as identified in the Articles of Faith.	D		
2) God sent His Son to save us	D		
3) "I believe in God the Father Almighty, Creator of heaven and earth	D		
a) God as Creator-Genesis, CCC 279-280; Creation by the Trinity, CCC 291	D		
b) God as Father of all the baptized			M
c) Created Man "in the Image of God," CCC 355	D		
d) Created Man with a body and soul, CCC 362	D		
e) Creation "out of nothing," CCC 296		I	
f) Inherent truth-creation is good, CCC 299		I	
4) "and in Jesus Christ, His only Son, our Lord"	D		
6) "Born of the Virgin Mary" CCC 488			M

<u>LITURGY & SACRAMENTS</u>	D	I	R/M
Benchmark 1 : The learner will be familiar with the Catholic view of grace. CCC 1987-2029	D		
1) Definition of grace		I	
a) God's life within us			R
Benchmark 2: The learner will define liturgy.		I	
1) Definition of liturgy: participation of the people of God in the work of God		I	
Benchmark 3: The learner will identify the seven sacraments and their			
elements. CCC 1113-1134 (see Appendix C for chart and biblical references)	D		
1) Students will identify the seven Sacraments		I	
2) Sacrament	D	-	
a) Definition: An outward sign instituted by Christ to give grace		I	
3) Baptism CCC 1213-1284	D	_	
a) Definition	D		
i) Sacrament that makes us members of God's family			R
ii) Sacrament which removes original sin, makes us Christians, children			
of God, and heirs of heaven			M
4) Confirmation CCC 1285-1321	D		
5) Eucharist CCC 1322-1419	D		
6) Reconciliation , CCC 1420-1498	D		
7) Anointing of the Sick CCC 1499-1535	D		
8) Matrimony CCC 11601-1666	D		
9) Holy Orders CCC 1536-1600	D		
Benchmark 4: The learner will demonstrate an understanding of the ritual,	D		
symbolism, and effects of each sacrament.			
1) Ritual and symbolism of Baptism	D D		
a) Sign of cross: claims person for Christb) Pouring of water and words: dying and rising to new life with Christ	ע		
through water	D		
c) Putting on of white garment: putting on Christ	D		
d) Receiving candle: receiving Christ, the light of the world	D		
2) Effects of Baptism	D		
a) Purification from all sin	D		
5) Ritual and symbolism of Eucharist:		I	
a) As Thanksgiving: we offer thanks for Jesus and all we have received			M
b) As Memorial: we remember the Last Supper and the Paschal Mystery		I	
Benchmark 6 : The learner will identify and be able to list the main parts of the Mass as it is celebrated today.		I	
1) Introductory Rites		I	
c) Greeting		I	

LITURGY & SACRAMENTS	D	I	R/M
d) Penitential Rite/Confiteor "Through my fault, through my fault"		I	
e) Kyrie		I	
f) Gloria		I	
2) Liturgy of the Word		I	
a) 1st Reading: Old Testament/Revelation/Acts of the Apostles reading		I	
b) Responsorial Psalm		I	
c) Second Reading from Epistles		I	
d) Gospel Acclamation		I	
e) Gospel		I	
f) Homily		I	
g) Profession of Faith/ Creed		I	
h) Prayers of the Faithful		I	
3) Liturgy of the Eucharist		I	
a) Offertory		I	
c) Eucharistic Prayer		I	
d) Communion Rite		I	
i) Lord's Prayer		I	
ii) Rite of Peace		I	
iv) Communion Antiphon/Song		I	
4) Concluding Rite		I	
D 1 1 7 m 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1			
Benchmark 7 : The learner will display appropriate participation in Mass.	D		
1) Genuflection	D		
2) Sign of the Cross	D		
3) Silent prayer before and after Mass	D		
4) Appropriate responses and movements	D		
5) Listening to readings	D		
6) Participating in Communion	D		
a) Reverence in receiving(bow before receiving)	D		
7) Use of Holy Water	D		
8) Singing	D		
9) Attention on the Altar	D		
10) Appropriate Dress for Mass	D		
Benchmark 8: The learner will explain and experience the value of Eucharistic			
Adoration, Benediction, and other paraliturgical celebrations.	ע		
1) Eucharistic Adoration	D		
2) Rosaries	D		
3) Stations of the Cross	D		
4) Benediction / Exposition		I	

LITURGY & SACRAMENTS	D	I	R/M
Benchmark 10 : The learner will participate in and explain the liturgical cycle, including the seasonal (<i>temporal</i>) and sanctoral cycles. CCC 1163-1173 (see Appendix D for more information)	D		
1) Temporal cycle: the drama of Christ's life and our redemption (seasons)	D		
a) Advent (1st season of the liturgical year)	D		
i) Preparation for Jesus Preparation for the 3 comings of Christ	D		
(1) In hearts	D		
(2) At Christmas (historically)	D		
ii) About four weeks: 1st Sunday to Christmas Eve	D		
iii) Purple	D		
iv) 3 rd Sunday: Gaudete Sunday (rose)	D		
b) Christmas	D		
i) About 3 weeks: Christmas Day to Baptism of Jesus	D		
ii) White	D		
iii) Important Days	D		
(1) Christmas (12/25)	D		
(2) Holy Family (Sunday after 12/25)	D		
(3) Solemnity of Mary, Mother of God (1/1)	D		
(4) Epiphany (Sunday after 1/1)	D		
(5) Baptism of Jesus (Sunday after 1/6)	D		
c) Ordinary Time (first of two sections)	D		
i) Green	D		
d) Lent	D		
i) Roughly 40 days: Ash Wednesday to Holy Thursday	D		
ii) Purple	D		
iii) Important Days	D		
(1) Ash Wednesday (mandatory fast and abstinence from meat)	D		
(2) 4th Sunday: Laetare Sunday (rose)		I	
(3) Passion/Palm Sunday		Ī	
(4) Monday, Tuesday, Wednesday of Holy Week		Ī	
(5) Sacred Triduum (<i>Easter Triduum</i>)	D	-	
(a) Holy Thursday: Institution of Eucharist and Priesthood	D		
(b) Good Friday: No consecration of Eucharist anywhere in			
world; Passion and Death of our Lord	D		
(c) Holy Saturday: Day of Waiting	D		
(d) Triduum ends with evening of Easter Sunday: <i>Triduum's climax</i>			
is Easter Vigil		I	
e) Easter Season	D		
i) White	D		
ii) Easter to Pentecost (50 days)	T -	I	
iii) Important days	1	I	
(2) Ascension Thursday (40 days): moved to 7 th Sunday of Easter		I	
(3) Pentecost: 50 days after Easter	1	I	

LITURGY & SACRAMENTS	D	I	R/M
iv) Easter Sunday – Celebrate the resurrection of Jesus	D		
Benchmark 11 : The learner will identify various types of sacramentals and their uses. (1667-1679)	D		
1) Types	D		
a) Blessings of persons, meals, objects, and places (including consecrations)	D		
b) Ashes: reminder of death and sin on Ash Wednesday	D		
c) Medals (esp. Miraculous)	D		
d) Crucifixes	D		
e) Palms	D		
f) Rosaries	D		
g) Holy Water	D		
h) Relics		I	
2) Sacrilege – disrespect for sacred persons, places, or things	D		

<u>MORALITY</u>	D	I	R/M
Benchmark 1: The learner will know and model the theological and cardinal			
(moral) virtues, particularly the virtues of chastity and modesty in dress, speech,	D		
and attitude.			
1) Virtue	D		
a) Define: A habitual and firm disposition to do good (CCC 1803)	D		
b) Grace allows us to lead a more virtuous life	D		
2) Theological virtues, 1 Cor 13:13	D		
a) Define	D		
i) Faith, CCC 1814	D		
ii) Hope , CCC 1817	D		
iii) Love (charity), CCC 1822	D		
iv) Golden Rule , CCC 1823 (love one another as I have loved you)			M
b) Practice in thought, word, and deed	D		
3) Cardinal (moral) virtues, Wis 8:7	D		
a) Define, CCC 1805	D		
b) Practice in thought, word, and deed	D		
Benchmark 2: The learner will apply the Ten Commandments, Beatitudes, and	D		
Precepts of the Church to conscience formation.	ע		
1) Review decision making skills	D		
2) Sin/vice , CCC 1849; 1850	D		
a) Define: A deliberate thought, word, deed or omission contrary to the eternal law of God	D		
b) Every choice has a consequence – Our conscience tells us to make good choices			R
c) Kinds of sin	D		
i) Original, CCC 404			M
ii) Actual		I	
(1) Venial , CCC 1855		I	
(2) Mortal , CCC 1855		I	
iii) Commission and Omission		I	
Benchmark 3: The learner will demonstrate a reverence for the human body as a Temple of the Holy Spirit.	D		
Define and demand respect and self-respect	D		
1) Define and demand respect and sen respect			
Benchmark 4: The learner will develop an appreciation for family life and	D		
Christian friendships founded on respect, reverence, and responsibility.			
1) Holy Family as a model	D		
2) Sacrificial Love	D		
a) Demonstrate acts of kindness towards others	D	_	
b) Recognize the sacrificial love of Jesus and love as He does		I	
3) Developing relationships	D		
a) Always rooted in our relationship with Jesus	D		
b) Self-discipline	D		
c) Self-awareness	D		

<u>MORALITY</u>	D	I	R/M
d) Respect for others (likes/ dislikes)	D		
Benchmark 5: The learner will put into practice the corporal and spiritual works of mercy by performing acts of stewardship.	D		
1) Practical love and care for God's creation	D		
Benchmark 6 : The learner will examine and apply the teachings of the Catholic	D		
Church to relevant social issues of the day.			
2) Life Issues	D		
a) Life is created in God's image – We are children of God			R
b) Life is precious to God	D		
18) Learn about positive alternatives	D		
a) Prayer groups (Daily prayer)	D		
b) Christian radio	D		
c) Deeper relationship with Christ	D		
d) Friends who share your values	D		

STEWARSHIP OVERVIEW

Stewardship is a spirituality, a way of living, a step in our personal evangelization. As important as it is to memorize the official diocesan definition, the virtues of a steward, and even the triad of "time, talent, and treasure," it is far more critical that students see stewardship witnessed daily by their teachers and parents as their way of life and also have the opportunity to practice it in every routine of the day.

Three questions distinguish stewardship from the modern lifestyle espoused and glamorized by current culture. What do I have? Where did it come from? What do I do with it?

Modern culture constantly teaches us that we do not have enough and deserve more. However, stewards believe that they have everything they need and must of what they want.

Modern culture teaches us that whatever we have, we earned with our own two hands; whatever we want, we have a right to; whatever we don't want, we can dispose of. Stewards believe that everything we have is a gift from God, and the most important things we have – life, love, family, health, children, happiness, eternity, etc. can not be earned or purchased at any price.

Modern culture teaches us that what we have is ours to keep, and that we owe nothing to anyone else because each person should take care of himself. Stewards believe, however, that because everything we have is a gift from God, we have an obligation to care for these gifts, share them generously with others, and be accountable to God for our stewardship of the gifts He has entrusted to us.

So teaching stewardship is not a matter of definition or service hours. It is a countercultural way of life that each of us can choose or not. "To be or not to be?" was Shakespeare's famous question. For Christian disciples it is the question. Stewardship is the answer.

<u>STEWARDSHIP</u>	D	I	R/M
Benchmark 1: The learner will identify the elements of stewardship.	D		
1) Identify the stages of conversion of stewardship	D		
a) God calls each of us (Evangelization) to holiness CCC 1533, 1962, 1877	D		
b) We agree to be his disciples (discipleship) CCC 618, 1533, 1275	D		
c) We live out discipleship as stewards	D		
 i) Define stewardship: the grateful response of a Christian disciple who recognizes and receives God's gifts and shares these gifts in love of God and neighbor 	D		
2) Four elements of stewardship	D		
a) Share our gifts generously.			M
b) Receive God's gifts gratefully.			M
3) Characteristics of a steward	D		
a) Prayer	D		
b) Generosity	D		
c) Trust		I	
d) Patience		I	
e) Gratitude		I	
4) Four pillars of stewardship		I	
a) Hospitality		I	

<u>STEWARDSHIP</u>	D	I	R/M
b) Prayer		I	
c) Formation		I	
d) Service		I	
e) Stewardship in the Diocese of Wichita as unique		I	
Benchmark 2: The learner will identify, define, and apply the role of a steward of vocation.	D		
1) Define steward of vocation: one who responds generously to the call of God; CCC 1, 358, 1700, 825, 898, 873, 931	D		
2) Be open to God's call	D		
3) Discovering your gifts	D		
4) Understand that our desire for God is written in our heart, because He is our Creator, CCC 27	D		
5) Love is the fundamental and innate vocation of every human being, CCC 1604, 2331, 2392	D		
6) Pray for an increase in Religious vocations; for example, Vocation Prayer, 31 Club, and Adopt a Seminarian	D		
Benchmark 3: The learner will identify, define, and apply the role of a steward of creation.	D		
1) Define <u>steward of creation:</u> someone who cultivates and cares for God's creation, both living and nonliving, (Gen 2: 15)			R
2) Respect for human life, CCC 1700	D		
a) All people from conception to natural death, CCC 2258-2283	D		
b) Aged, CCC 2208	D		
c) One's own body, CCC 1004, 2288	D		
3) Protection of the environment, CCC 2415	D		
a) Animals, CCC 2416-2418	D		
b) Conservation	D		
c) Recycling	D		
Benchmark 4: The learner will identify, define, and apply the role of a steward of the Church.	D		
1) Define <u>steward of the church</u> : someone who works to spread the Catholic faith throughout their community and the world.	D		
a) We are all called to be missionaries. We don't have to go to another country to be a missionary. We are called to be an example and bring others to the church wherever we are. (see next page)	D		
b) Mary is the perfect example of a steward of the Church- total devotion to Christ	D		
3) Role of the parish steward CCC 2226	D		
a) Make and keep a sacrificial pledge to the parish (tithing)	D		

Mission Overview

Decades ago, missionary work was seen to be the task of a small number of zealous Catholics who traveled to distant lands to convert pagans. The rest of the Catholic population participated in this effort with occasional donations.

The Second Vatican Council proclaimed a very different vision of spreading the faith that was the vocation of every baptized person and was to be reiterated at the conclusion of every Sacrifice of the Mass when the faithful are sent from the liturgy to live the faith, to love and serve each other.

In recent times, this missionary call is best understood within the context of evangelization, a term elaborated upon by Pope Paul VI in 1976 in **Evangelii Nuntiandi.** Evangelization is an umbrella term that explains how a person comes to know, love, and live the Catholic faith. It includes the proclamation or reception of the Gospel, the decision to accept God's call to follow Him (discipleship), the decision to live out that faith in service to God and to others (stewardship), and the obligation to witness to that faith and spread it as missionaries.

The understanding of the missionary call also continues to evolve. We have always understood that the Church has a mission to evangelize those who have never heard the gospel. However, in recent years, the term New Evangelization has been coined to stir up the dormant or inactive faith of those who are already members of the Church through Baptism, a group estimated to include more than 20 million people in the United States alone. Clearly, then, to paraphrase recent popes, the work of every Catholic is to be a missionary.

Doctrinal Points

- 1. The Great Commission of Jesus is "Go, therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all that I have commanded you..." (Mt. 28:20)
- 2. Christ has entrusted His mission to the Church. The Church, in obedience to the command of her founder and because it is demanded by her own essential universality, strives to preach the Gospel to all men" (CCC 849)
- 3. The Church is the Body of Christ where Christ the Head continues to work His mission. Through Baptism, we became members of Christ's Body.
- 4. "Because she believes in the universal (catholic) plan of salvation, the Church must be missionary." (CCC 851)
- 5. "All the members of the Church share in this mission, though in various ways." (CCC 863)
- 6. "Modern man listens more willingly to witnesses that to teachers, and if he does listen to teachers it is because they are witnesses." (Evangelii Nuntiandi 41) Pope Paul VI.

PRAYER & SPIRITULAITY	D	I	R/M
Benchmark 1: The learner will develop a personal relationship with Jesus Christ and the Church, which is anchored in a vibrant prayer life.	D		
1) Necessity of prayer, CCC 2744, 2562 (praying at all times)	D		
2) Jesus taught us to pray using the Our Father	D		
3) What is prayer: Talking and listening with God			R
a) Prayer as God's gift, CCC 2559	D		
4) Jesus' teachings on prayer, CCC 2600-2614	D		
a) Faith	D		
b) Persistence	D		
5) Our model for prayer, as expressed in the Our Father	D		
a) For forgiveness, CCC 2631, 2838-41	D		
b) For the sick, CCC 1499, 1510	D		
c) For the dead, CCC 958, 1032	D		
d) For deliverance from evil, CCC 2850-54		I	
6) Aids to prayer life	D	1	
a) Time	D		
b) Silence	D		
c) Posture (see benchmark 4)		I	
d) Environment/ Place	1	Ī	
e) Sacramentals/Sacred Images		I	
e) Sacramentals/Sacret images		1	
Benchmark 2: The learner will define and practice different types of prayer.	D		
1) Forms of prayer	D		
a) Adoration	D		
b) Contrition	D		
c) Thanksgiving	D		
d) Supplication/Petition	D		
2) Expressions of prayer	D		
a) Formula: Hail Mary, etc.	D		
b) Vocal	D		
c) Spontaneous	D		
d) Mental		I	
e) Communal		I	
Benchmark 3: The learner will understand and memorize specific prayers as they relate to Catholic spirituality. (see Appendix A)	D		
1) Sign of the Cross	1		R
2) Glory Be	1		R
3) Angel of God (Prayer to Guardian Angel)	1		R
4) Grace Before Meals	1		R
5) Our Father	1		M
6) Hail Mary	1		M
7) Grace After Meals			M
1) Water Aiter Medis	1		IAI

PRAYER & SPIRITULAITY	D	I	R/M
8) Act of Contrition		I	
9) Morning Offering		I	
Benchmark 4: The learner will display appropriate gestures while participating in various forms of liturgy.	D		
1) Gestures and participation	D		
	ע		
 a) Sign of Peace-express our desire to be at peace with each other. Customary to shake hands, but a bow or nod is sufficient. Should be finished at the beginning of the Lamb of God. 			R
 b) Folding our hands during Mass or prayer as a sign of respect and adoration. (Vietnamese posture of folding arms) 			R
c) Proper respect and treatment of missalettes, prayer books, and other prayer materials			R
d) Profound genuflection-both knees (pious practice, not liturgical)	D		
e) Genuflection-right knee only	D		
f) Sign of the Cross with holy water-reminder of our baptism and a sign of respect (symbolic profession of faith)			M
g) Proper posture while sitting, standing, and kneeling. (Not leaning on the pew in front of you or the seat behind you.)			R
h) Participation in congregation's prayers and responses		I	
i) Participation in hymns, refrains, and other singing parts		I	
Benchmark 5: The learner will acknowledge the special honor due to Mary through devotions to her (see Creed and Saints for more)	D		

SCRIPTURE Benchmark 1: The learner will identify essential elements of the Bible. 1) The Bible as God's revelation of Himself to us 2) God is the author of the Bible 3) The Bible as Covenant Benchmark 2: The learner will identify and apply the content of specific books and other important concepts contained in Holy Scripture. (See Appendix H for more detail) 1) Pentateuch a) Genesis and the Creation, (Gen 1-3) i) The Fall: Original Sin ii) God created all and rested on the seventh day b) Cain and Abel (Gen 4): offering our best to God, not being jealous c) Noah and the Flood, (Gen 6) i) Covenant with God j) Moses D
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j) Moses D
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i) Vahyyah ag Cad'a yayyalad mana Languika ang (E-2)
i) Yahweh as God's revealed name: I am who am (Ex 3)
ii) 10 Commandments (Ex 20-24) (CCC 2055-2074) D
2) Israelite Settlement D
e) David (1 Sam 17, 2 Sam 24)
i) Writer of the Psalms
iii) Goliath, (1 Sam 17): God often works through the small and meek;
trust; all is possible through God
g) Jonah and the Whale: Follow God's will; prefiguring baptism and the paschal mystery
k) Wisdom Literature: instructions in how to live in relationship with God;
how to live a virtuous life
3) Be familiar with or analyze the Synoptic Gospels D
a) The Infancy Narratives D
vii) Birth of Jesus, Mt. 1:18-25, Lk 2:1-20
viii) Visit of the Shepherds, Lk 2:8-10
x) Magi (Epiphany) and their importance, 2: 1-12
c) Baptism of Jesus, Mt 3:13-17, Mk 1:9-11, Lk 3:21-22
f) Call of First Disciples, Mt. 4:18-22, Mk 1:16-20, Lk 5:1-11
g) Call of Matthew the tax collector, Mt. 9:7-13
i) Lord's Prayer, Mt 6:9-15, Lk. 11
j) The Greatest Commandment, Mt 22:37, Lk 12: Love God with whole heart,
soul, mind, and strength, and love neighbor as yourself
l) Parables (See Appendix H for more detail)
ii) Purpose of parables: Mt 13:10-15, Mk 4:10-12, Lk 8:9-10 D
iii) The Parable of the Mustard Seed, Mt 13:31, Mk 4:30, Lk 13:18
iv) The Pearl of Great Price, Mt 13:45- 46
v) The parable of the Lost Sheep, Lk 15:1-7, Mt. 18:12-14

	D		
<u>SCRIPTURE</u>		I	R/M
vi) The parable of the Prodigal Son, Lk 15:11-32			
vii) The Parable of the Good Samaritan, Lk 10:29-37	D		
m) Miracles (See Appendix H for more detail)			
i) Feeding five thousand, Mt 14:13, Mk 6:32-44, Lk 9:10-17, Jn 6:1-13	D		
ii) See appendix for other examples of miracles; teach some in each category (healing, provision, resurrection, demons, nature)			
iii) Walking on Water Mt 14:22-33, Mk 6:45-52		I	
q) Christ's passion, death, and resurrection (i.e. Paschal Mystery), Mt. 26- 28; Mk 14-16; Lk 22-24, Jn 18-20			
r) The appearance on the road to Emmaus, Lk 24:13-35			
4) Be familiar with or analyze the New Testament Gospel stories of John			
e) The Good Shepherd, 10:11			M
i) The Last Supper Discourses, 14-17			
5) Introduce the Acts of the Apostles: the Church continues the mission of Christ		I	
c) Pentecost, 2:1-13		I	
Benchmark 5: The learner will apply specific terms connected with Sacred Scripture.			
1) Disciple: learner			
Benchmark 10: The learner will demonstrate reverence toward Holy			
Scripture.			
1) Importance of Holy Scripture reverence			
2) Examples of how to demonstrate this reverence			

		_	L
<u>SAINTS</u>	D	I	R/M
Benchmark 1: The student will study angels.			
1) Define angel			M
2) Kinds of angels	D		
a) Archangels (9/29)	D		
b) Guardian (10/2)			R
Benchmark 2: The student will study and analyze the life, virtues, and			
contributions of Mary and the saints.	D		
1) Contributions of Mary (the greatest saint)	D		
2) Define saint : a person who leads a holy life in union with God and receives the reward of eternal life in heaven.	D		
3) Patron saints		I	
4) Parish patron saints		Ī	
5) Types of Saints		Ī	
a) Apostles (combined with Evangelists)		Ī	
		_	
Benchmark 4: The student will apply lessons to be learned from Mary and the saints.	D		
Benchmark 5: The student will study the life and contributions of specific saints appropriate to their grade level.	D		
*For the following saints, students should know:			
Time period			
Major achievements			
• Patronage			
1) Marian Feasts	D		
a) Holy Days of Obligation dedicated to Mary	D		
i) Mary, Mother of God, 1/1	D		
b) Apparitions	D		
i) Our Lady of Guadalupe, 12/12 (Patroness of Americas)			
c) Other Marian celebrations	D		
i) Annunciation, 3/25	D		
ii) Visitation to St. Elizabeth, 5/31		I	
2) Other Solemnities and Feasts	D		
a) Joseph, Husband of Mary, 3/19	D		
b) John the Baptist, 6/24 and 8/29	D		
c) All Saints, 11/1	D		
d) Apostolic Times	D		
i) Peter & Paul, the Apostles, 6/29	D		
ii) Joachim & Anne, 7/26	D		
iii) Holy Innocents, 12/28		I	
g) American Saints see appendix Gfor list of all			
i) Juan Diego, 12/9	D		

<u>SAINTS</u>	D	I	R/M
ii) Katharine Drexel, 3/3 (gave away fortune, devoted to ministering to Native and African Americans)	D		
h) Other Major Saints	D		
i) Nicholas, 12/6	D		
ii) Blaise, 2/3	D		
iii) Patrick, 3/17	D		
iv) Francis of Assisi, 10/4	D		
xxi) Blessed John Paul II		I	

Glossary These definitions are intended for teacher reference. Please simplify to make age appropriate.

Actual Grace – Temporary supernatural intervention given to perform a specific good act, thought, or deed.

Advent - The liturgical season of four weeks devoted to preparation for the coming of Christ at Christmas (CCC 524).

Angel - A spiritual, personal, and immortal creature, with intelligence and free will, who glorifies God without ceasing and who serves God as a messenger of his saving plan (CCC 329-331).

Anointing - Anointing is the signing of a person with holy oil. Anointing is used in the sacraments of Baptism and Confirmation, and in other sacraments and rites of the Church.

Annunciation - The visit of the angel Gabriel to the Virgin Mary to inform her that she was to be the mother of the Savior. After giving her consent to God's word, Mary became the mother of Jesus by the power of The Holy Spirit.

Anointing of the Sick - One of the seven sacraments administered by a priest to a baptized person in danger of death because of illness or old age, though prayer and the anointing of the body with the oil of the sick. The proper effects of the sacrament include a special grace of healing and comfort to the Christian who is suffering infirmities of serious illness or old age, the forgiving of the person's sins, and the possibility of physical healing (CCC 1499, 1520, 1523, 1526-32).

Apologetics - The theological discipline that deals with the reasons for believing God and accepting the faith presented by the Christian Church; a defense of Catholicism by the use of logic, Scripture, and Church teaching.

Apostle - A term meaning one who is sent as Jesus was sent by the Father, and as He sent His chosen disciples to preach the Gospel to the whole world (CCC 857).

Apostles Creed - A statement of Christian faith developed from the baptismal creed or "symbol" of the ancient Church of Rome, the see of St. Peter, first of the Apostles. The Apostles' Creed is considered to be a faithful summary of the faith of the Apostles. See prayers.

Archangels - A chief or ruling angel. The term occurs twice in the New Testament (Jude 5:9; I Thessalonians 4:16) and has two Catholic meanings. In its wider sense an archangel is any angel of higher rank. More strictly, though, archangels are those angelic spirits who belong to the eighth of nine choirs of angels. As distinct from guardian angels, archangels are messengers of God to men. Three archangels are specifically mentioned in the Bible: Tobit 12:6, 15; John 5:1-4; Luke 1:26-38; Revelation 12:7-9.

Ascension - The entry of Jesus' humanity into divine glory in God's heavenly domain, forty days after his resurrection (CCC 659, 665); one of the Glorious Mysteries of the Rosary.

Baptism - The first of the seven sacraments, and the "door" which gives access to the other sacraments. Baptism is the first and chief sacrament of forgiveness of sins, because it unites us with Christ, who died for our sins and rose for our justification. The rite of baptism consists in immersing the candidate in water, or pouring water on the head, while pronouncing the invocation of the Most Holy Trinity: the Father, the Son, and the Holy Spirit (CCC 977, 1213, 1275, 1278).

Beatitudes - The teachings of Jesus in the Sermon on the Mount on the meaning and way to true happiness (Mt 5. 3-12; Lk 6. 20-26) (CCC 1716).

Bible –Sacred Scripture; the books that contain the truth of God's revelation and were composed by human authors inspired by the Holy Spirit. The Old Testament and the New Testament are the two main parts of the Bible (CCC 105).

Bishop – One who has received the fullness of the Sacrament of the Holy Orders, which makes him a member of the Episcopal college and a successor of the Apostles. He is the shepherd of a particular church entrusted to him and the head of a diocese. (CCC 1557; cf. 861, 886)

Blessed Sacrament - The Blessed Sacrament is a name given to the Eucharist, especially the consecrated elements reserved in the tabernacle for adoration or for the sick (CCC 1330).

Cardinal (moral) virtues - Four pivotal human virtues that will govern our acts, order our passions, and guide our conduct in accordance with reason and faith (CCC 1805, 1834). See appendix A.

Catechesis - An education of children, young people, and adults in the faith of the Church through the teaching of Christian doctrine in a unified and systematic way to make them disciples of Jesus Christ (CCC 5, 426-427).

Catholic - One of the four marks of the Church, taken from the Nicene Creed. The Church is catholic or universal both because she possesses the fullness of Christ's presence and the means of salvation, and because she has been sent out by Christ on a mission to the entire human race (CCC 750, 830).

Charity (love) - The theological virtue by which we love God above all things for his own sake, and our neighbor as ourselves for the love of God (CCC 1822) (See Appendix A).

Confession - An essential element of the Sacrament of Reconciliation, which consists in telling one's sins to the priest. By extension, the word confession is used to refer to the Sacrament of Reconciliation itself (CCC 1455).

Confirmation – Sacrament which completes the Sacrament of Baptism with a special outpouring of the gifts of the Holy Spirit, which seal or "confirm" the baptized in union with Christ and equip them for active participation in the worship and apostolic life of the Church (CCC 1285).

Consecration – The dedication of a object, place, or person to divine service by prayer or blessing. The consecration at Mass is that part of the Eucharistic Prayer during which the Lord's words of institution of the Eucharist at the Last Supper are recited by the priestly minister, transforming the bread and wine into Christ's body (CCC 1352, 1353).

Creed - A brief summary statement or profession of Christian faith (CCC 187).

Diocese - A "particular church", a community of the faithful in communion of faith and sacraments whose bishop has been ordained in apostolic succession. A diocese is usually a determined geographic area; sometimes it may be constituted a group of people of the same rite or language (CCC 833).

Disciple - (from Latin 'to discern') Learner; follower of Jesus Christ

Divine Revelation - The self-disclosure of God and the communication of the truth about His nature and will.

Eucharist - The sacrament of thanksgiving to God which constitutes the principal Christian liturgical celebration of and communion in the paschal mystery of Christ. The liturgical action called the Eucharist is also traditionally known as the Holy Sacrifice of the Mass. The Sunday celebration of the Eucharist is at the heart of the Church's life (CCC 2177).

Eucharistic Prayer - The central part of the Mass, also known as the Canon of the Mass or "anaphora," which contains the prayers of thanksgiving and consecration (CCC 1352).

Evangelization - The proclamation of Christ and his Gospel by word and the testimony of life, in fulfillment of Christ's command (CCC 905).

Examination of Conscience - Prayerful self-reflection on our words and deeds in the light of the Gospel to determine how we may have sinned against God. The reception of the Sacrament of Penance ought to be prepared for by such an examination of conscience (CCC 1454). See Appendix C.

Faith – Faith is both a theological virtue given by God as grace, and an obligation which flows from the first commandment of God. In faith, a believer gives personal adherence to God and freely assents to the whole truth that God has revealed (CCC 26, 142, 150, 1814, 2087).

Free will – "The power, rooted in reason and will...to perform deliberate actions on one's own responsibility" (CCC 1731).

Golden Rule - A (modern) name for the precept in the Sermon on the Mount: Do unto others what you would have them do to you. (Mt. 7:12) (Lk. 6:31)

Gospel – The "good news" of God's mercy and love revealed in the life, death, and resurrection of Christ. The four Gospels are the books written by the evangelists Matthew, Mark, Luke, and John which have for their central object Jesus Christ, God's incarnate Son: his life, teachings, Passion and glorification, and his Church's beginnings under the Spirit's guidance (CCC 124, 514).

Grace – The free and undeserved gift that God gives us to grow in holiness and become more like Him. As sanctifying grace, God shares his divine life and friendship with us in a habitual gift, a stable and supernatural disposition that enables the soul to live with God, to act by his love. As actual grace, God gives us the help to conform our lives to his will. Sacramental grace and special graces are gifts of the Holy Spirit to help us live out our Christian vocation (CCC 1996, 2000).

Guardian Angel - Angels assigned to protect and intercede for each person (CCC 336).

Heaven - Eternal life with God; communion of life and love with the Trinity and all the blessed. Heaven is the state of supreme and definite happiness, the goal of the deepest longings of humanity (CCC 1023).

Hell - The state of definitive self exclusion from the presence of God, reserved for those who refuse by their own free choice to believe and be converted from sin, even to the end of their lives (CCC 1033).

Holy – From the Greek *hagia*, set apart: One of the four marks of the Church in the Nicene Creed; to be set apart for God, separate from the world.

Holy Communion – Receiving the Body and Blood of Jesus in the Eucharist.

Holy Orders - The Sacrament by which the mission entrusted by Christ to his Apostles continues to be exercised in the Church through the laying on of hands. This sacrament has three distinct degrees of "orders": deacon, priest, and bishop. All three confer a permanent, sacramental character (CCC 1536).

Homily - Preaching by an ordained minister to explain the Scriptures proclaimed in the liturgy and to exhort the people to accept them as the Word of God (CCC 132, 1100, 1349).

Immaculate Conception - The dogma proclaimed in Christian Tradition and defined in 1854, that from the first moment of her conception, Mary by the singular grace of God and by virtue of the merits of Jesus Christ was preserved from original sin (CCC 491).

Incarnation - The fact that the Son of God assumed human nature and became man in order to accomplish our salvation in that same human nature. Jesus Christ, the Son of God, the second Person of the Trinity, is both true God and true man, not part God and part man (CCC 461, 464).

Inspiration – The working of the Holy Spirit, specifically in those men responsible for the Old Testament and New Testament.

Justice - The cardinal moral virtue which consists in the constant and firm will to give their due to God and to neighbor (CCC 1807). See Appendix A.

Last Supper - The last meal, a Passover supper, which Jesus ate with his disciples the night before he died. (CCC 610-11, 1329, 1340).

Lectionary - The official, liturgical book from which the reader proclaims the Scripture readings used in the Liturgy of the Word (CCC 1154).

Lector - The lector is the person who reads the first and second readings at Mass. Another name for lector is reader.

Lent - The liturgical season of forty days which begins with Ash Wednesday and ends with the celebration of the Paschal mystery (Easter Triduum). Lent is the primary penitential season of the Church's liturgical year, reflecting the forty days Jesus spent in the desert in fasting and prayer and the forty years the Israelites wandered in the desert before entering the Promised Land (CCC 540, 1095, 1438).

Liturgy of the Eucharist - The Liturgy of the Eucharist is the second main part of the Mass. In the Liturgy of the Eucharist we remember and share in Jesus' life, death, and resurrection through the consecration of bread and wine, whereby they become the Body and Blood of Jesus, and their distribution in communion.

Liturgy of the Word - The Liturgy of the Word is the first main part of the Mass. In the Liturgy of the Word God speaks to us through the readings from the Bible.

Love - The theological virtue by which we choose God above all things for his own sake, and our neighbor as ourselves for the love of God (CCC 1822). See **Charity**.

Magisterium - The living, teaching office of the Church, whose task it is to give as authentic interpretation of the word of God, whether in its written form (Sacred Scripture), or in the form of Tradition. The Magisterium ensures the Church's fidelity to the teaching of the Apostles in matters of faith and morals (CCC 85, 890, 2033).

Marks of the Church - The four attributes of the Church mentioned in the Nicene - Constantinopolitan creed: "We believe in one, holy, catholic, and apostolic Church." (CCC 811) See Appendix G.

Martyr - A witness to the truth of the faith. A martyr is willing to endure sacrifice and even death to be faithful to Christ. Also, those who die for the faith before having received Baptism may also be considered martyrs. (CCC 1258, 2473)

Mass - The Eucharist or principal sacramental celebration of the Church, established by Jesus at the Last Supper, in which the mystery of our salvation through participation in the sacrificial death and glorious resurrection of Christ is renewed and accomplished. It is called "Mass" (from Latin: missa) because of the "mission" or "sending" with which the liturgical celebration concludes (CCC 1332, 1088, 1382, 2192).

Matrimony (Marriage) – Sacrament consisting of a covenant or partnership of life between a baptized man and baptized woman, which is ordered to the well-being of the spouses and to the procreation and upbringing of children. (CCC 1601).

Messiah - A Hebrew word meaning "anointed" (CCC 436).

Mortal Sin - A grave violation of the law of God that destroys the divine life in the soul of the sinner (sanctifying grace), constituting a turn away from God. For a sin to be mortal, three conditions must be present: grave matter, full knowledge of the evil of the act, and full consent of the will (CCC 1855, 1857).

New Testament - The New Testament is the second part of the Bible. It fulfills the Old Testament and tells us about Jesus and the early Church (CCC 124, 128).

Nicene Creed - The profession of faith, common to the churches of East and West, which came from the first two ecumenical councils. (CCC 195-196).

Novena - Nine days of public or private prayer for some special occasion or intention. Its origin goes back to the nine days Mary and the disciples spent together in prayer between Ascension and Pentecost. Over the centuries, many novenas have been highly indulgenced by the Church.

Old Testament - The Old Testament is the first part of the Bible. It tells the story of God's covenant with the Israelites. (CCC 120-121)

One – A mark of the Church; just as the Trinity is one, so is the Church united, by the Spirit (Eph 4:3-6, Jn 17:17-23, 1 Cor 12:13)

Oral tradition - Talking, singing, and telling stories about God and all God does for us and handing them down from generation to generation. (CCC126)

Parables – A characteristic feature of the teaching of Jesus. Parables are simple images or comparisons which confront the hearer or reader with a radical choice about his invitation to enter the Kingdom of God (CCC 546).

Penance - Interior penance: a conversion of heart toward God and away from sin, which implies the intention to change one's life because of hope in divine mercy (CCC 1431). External acts of penance include fasting, prayer, and almsgiving (CCC 1434). The observance of certain penitential practices is obliged by the fourth precept of the Church (CCC 2043).

Pentecost - The outpouring of the Spirit gave birth to the Church and the manifestation of the Christian community living and proclaiming the Gospel (CCC 726, 731, 1076). One of the Glorious Mysteries of the Rosary.

Prayers of the Faithful - The last part of the Liturgy of the Word. During this prayer we pray for ourselves and for people everywhere. Sometimes called the General Intercessions.

Precepts of the Church - Positive laws (sometimes called commandments) made by Church authorities to guarantee for the faithful the indispensable minimum in prayer and moral effort, for the sake of their growth in love of God and neighbor (CCC 2041). See Appendix B.

Prodigal - The fault of being wasteful, or recklessly extravagant or spendthrift.

Prophet - One sent by God to form the people of the Old Covenant in the hope of salvation (CCC 702).

Prudence - The cardinal virtue which disposes a person to discern the good and choose the correct means to accomplish it. (CCC 1806) See Appendix A

Psalms – A collection of prayers in the form of hymns or poetry (CCC 2585).

Reconciliation – The Sacrament in which, through God's mercy and forgiveness, the sinner is reconciled with God and also with the Church, Christ's Body, which is wounded by sin (CCC 1422, 1442-1445, 1468).

Revelation – God's communication of himself, by which he makes known the mystery of His divine plan, a gift of self-communication which is realized by deeds and words over time, and most fully by sending us His divine son, Jesus Christ (CCC 50). See Divine revelation.

Reverence - The gift of the Holy Spirit that enables us to show honor and respect to God, people, and all creation.

Ribbed vault – Architectural style in which ribs that support thin stone panels that make up the roof.

Sacrament – An efficacious sign of grace, instituted by Christ and entrusted to the Church by which divine life is dispensed to us through the work of the Holy Spirit (CCC 131, 774).

Sacramentals - Sacred signs which bear a certain resemblance to the sacraments, and by means of which spiritual effects are signified and obtained through the prayers of the Church (CCC 1667).

Sacred Tradition –Beliefs held by the Catholic Church not necessarily found in Sacred Scripture but handed down by work, custom, example, and oral teaching (CCC 78).

Saint - The "holy one" who leads a life in union with God through the grace of Christ and receives the reward of eternal life. The Church is called the communion of saints, of the holy ones (CCC 823, 946, 828).

Salvation - The forgiveness of sins and restoration of friendship with God, which can be done by God alone (CCC 169).

Seraphim - Angels composing the highest choir of the angelic kingdom.

Sin - Sin is a deliberate thought, word, deed, or omission contrary to the eternal law of God (CCC 1849, 1853, 1854).

Stewardship—the grateful response of a Christian disciple who recognizes and receives God's gifts and shares these gifts in love of God and neighbor

Temple of the Holy Spirit – Another name for the human body because it contains an immortal soul, filled with grace, which is the indwelling of the Holy Spirit. (CCC 583, 797 2580).

Theological Virtues – Infused gifts given by God and centered on Him (faith, hope, and charity) (CCC 1813). See Appendix A.

Trinity - The mystery of one God in three persons: Father, Son, and Holy Spirit (CCC 232, 237, 249, 253-256).

Venial Sin - Sin which does not destroy the divine life in the soul, as does mortal sin, though it diminishes and wounds it (CCC 1855). Venial sin is the failure to observe necessary moderation, in lesser matters of the moral law, or in grave matters acting without full knowledge or complete consent (CCC 1862).

Vice - A habit acquired by repeated sin in violation of the proper norms of human morality. The vices are often linked with the seven capital sins. Repentance for sin and confession may restore grace to a soul, but the removal of the ingrained disposition to sin or vice requires much effort and self-denial, until the contrary virtue is acquired (CCC 1866).

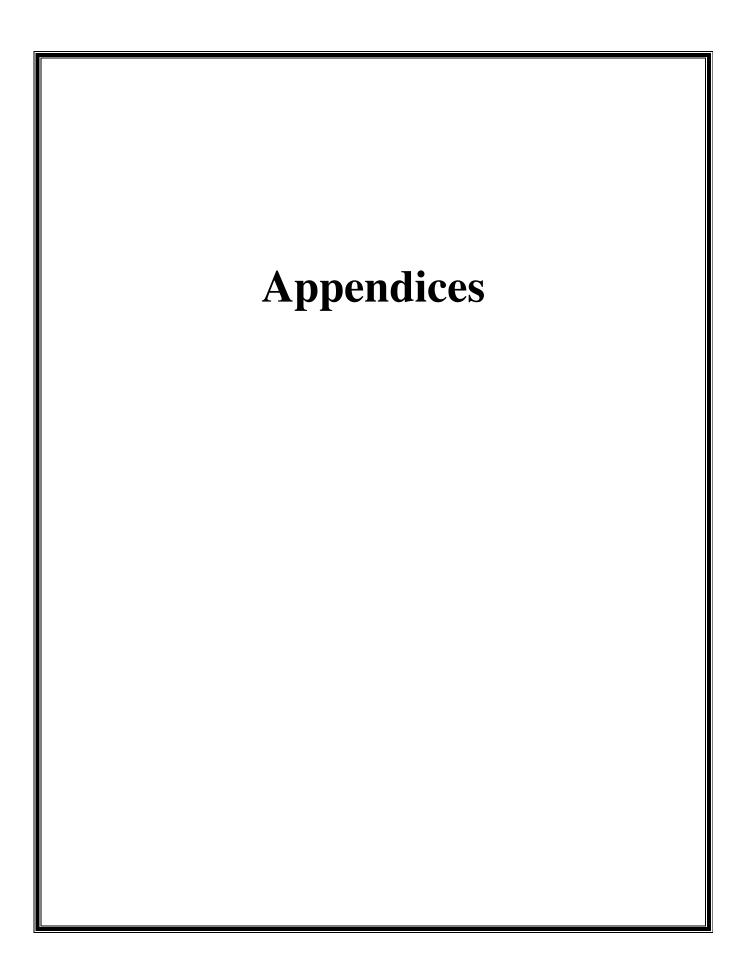
Virtue - A habitual and firm disposition to do good. The moral virtues are acquired through human effort aided by God's grace; the theological virtues are gifts of God. (CCC 1803)

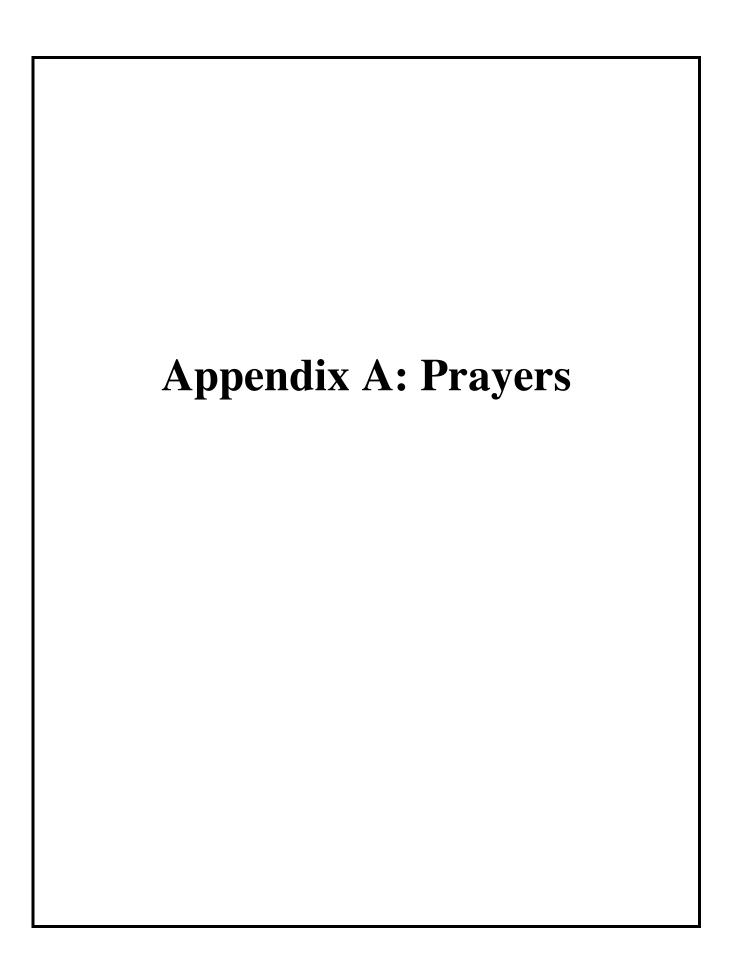
Virtues - Angels who compose the second choir of the second or intermediate order of angels. They are the ones whom God employs for the performance of stupendous works or extraordinary miracles.

Vocation - The calling or destiny we have in this life and hereafter (CCC 1, 358, 1700, 825, 898, 873, 931).

Works of Mercy, Corporal and Spiritual- charitable actions by which we come to the aid of our neighbor in his spiritual and bodily needs (CCC 2447). See Appendix D.

Yahweh - The name of God revealed to Moses from the burning bush (CCC 205).





Prayers

For purposes of unity throughout the diocese the following versions of prayers are recommended; however, acceptable variations may be used at the discretion of the pastor.

Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

The Lord's Prayer "Our Father"

Our Father, who art in heaven, hallowed be thy name. Thy kingdom come. Thy will be done on Earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil. Amen.

Hail Mary

Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now, and at the hour of our death. Amen.

Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and ever shall be, world without end. Amen.

Angel of God "Prayer to Guardian Angel"

Angel of God, my guardian dear, to whom God's love entrusts me here; ever this day be at my side, to light and guard, to rule and guide. Amen.

Grace Before Meals

Bless us, O Lord, and these thy gifts, which we are about to receive from Thy bounty. Through Christ our Lord. Amen.

Grace After Meals

We give Thee thanks, Almighty God, for all thy benefits, which we have received from Thy bounty. Through Christ our Lord. Amen.

Act of Contrition from Rite of Penance, par. 45

My God,
I am sorry for my sins with all my heart.
In choosing to do wrong,
and failing to do good,
I have sinned against you
whom I should love above all things.
I firmly intend, with your help,
to do penance,
to sin no more,
and to avoid whatever leads me to sin.
Our Savior Jesus Christ
suffered and died for us.
In his name, my God, have mercy. Amen.

Morning Offering

O Jesus, through the Immaculate Heart of Mary,
I offer You my prayers, works, joys, and sufferings of this day,
in union with the Holy Sacrifice of the Mass throughout the world.
I offer them for all the intentions of Your Sacred Heart:
the salvation of souls, the reparation for sin, the reunion of all Christians.
I offer them for the intentions of our Bishops, and all Apostles of Prayer, and in particular for those recommended by our Holy Father this month. Amen.

	Appendix A: Prayers
Appendi	ix B: Useful Lists

Theological Virtues

Faith, Hope, Charity

Cardinal Virtues

Prudence: right judgment

Justice: giving someone their due *Temperance:* moderation, self-control

Fortitude: courage to do the Christ-like action in difficult situations

Gifts of the Holy Spirit (CCC1831)

Wisdom Knowledge Understanding Piety

Counsel Fear of the Lord

Fortitude

Fruits of the Holy Spirit (CCC1832)

Charity Joy
Peace Patience
Kindness Goodness
Generosity Gentleness
Faithfulness Modesty
Self-control Chastity

Holy Days of Obligation

The Resurrection of Jesus Christ every Sunday Solemnity of Mary, the Mother of God January 1

Ascension 7th Sunday of Easter (Diocese of Wichita)

The Assumption of Mary
All Saints' Day
November 1
Immaculate Conception
Christmas Day
December 25

Corporal Works of Mercy

Feed the hungry.

Give drink to the thirsty.

Clothe the naked.

Visit the imprisoned.

Shelter the homeless.

Visit the sick.

Bury the dead.

Precepts of the Church (CCC 2041-2043)

- 1. You shall attend Mass on Sundays and on holy days of obligation and rest from servile labor.
- 2. You shall confess your sins at least once a year.
- 3. You shall receive the sacrament of the Eucharist at least during the Easter season.
- 4. You shall observe the days of fasting and abstinence established by the Church.
- 5. You shall help to provide for the needs of the Church.

Appendix: Useful Lists

The Commandments of the Church

The Ten Commandments

1. I am the Lord your God, you shall not have strange gods before me.

theological virtues; avoid idolatry, agnosticism, atheism, superstition, indifference to or forgetfulness of God

2. You shall not take the name of the Lord your God in vain.

show reverence in speech about God; avoid cursing, blasphemy, perjury, false oath

3. Remember to keep holy the Lord's Day.

always attend Mass every Sunday and Holy day of Obligation; set aside time for prayer, renewal and works of mercy, especially on Sunday

4. Honor your father and your mother.

obey those who have authority: parents, teachers, civil authorities; fulfill responsibilities deriving from human relationships

5. You shall not kill.

promote care and respect for all forms of human life, including care for one's health; avoid the evils of murder, euthanasia, suicide, abortion (include reference to embryonic stem cell destruction), fighting with or hurting others, unnecessary recourse to capital punishment, unnecessary recourse to war, gluttony in food or drink, recreational use of addictive drugs

6. You shall not commit adultery.

chastity in marriage as part of God's plan; avoid fornication, adultery, masturbation, artificial contraception, reproductive procedures which violate God's law (artificial insemination, in vitro fertilization, cloning)

7. You shall not steal.

people have a basic right to private property and just treatment; avoid any kind of theft, fraud, vandalism or actions which are unjust and harmful to others

8. You shall not bear false witness against your neighbor.

the importance of truth; avoid dishonesty, lying, cheating, perjury

9. You shall not covet your neighbor's wife.

practice modesty; resist lust, avoid the evil of pornography

10. You shall not covet your neighbor's goods.

practice simplicity of life and trust in God; avoid envy and greed

The Great Commandments (Mt. 22:37-39)

- 1. You shall love the Lord your God with all your heart, with all your soul, and with all your mind.
- 2. You shall love your neighbor as yourself.

Appendix C: Sacraments
Sacraments Chart and Biblical References for all the Sacraments