

August 2017

ST. CATHERINE OF SIENA CATHOLIC SCHOOL

LUNCH

School Information:

Student Meals-\$3.00; Milk .60¢; Visitor/Adult Meals-\$3.60

Lunch Times: K-2nd Grades 11:25-12:05

3rd-5th Grades 12:10-12:40

6th-8th Grades 12:15-1:15

All meals subject to change without notice.



Nutrition Tip: Set up a pizza-making station in the kitchen. Use whole-wheat English muffins, bagels, or pita bread as the crust. Have tomato sauce, low-fat cheese, and cut-up vegetables or fruits for toppings. Let kids choose their own favorites. Then pop the pizzas into the oven to warm.



Monday



Tuesday

USDA is an equal opportunity provider and employer



Wednesday

Thursday

Friday

7

8

9

10

11

14

**WELCOME BACK
ST. CATHERINE
STUDENTS!**



16

****Chicken Nuggets
Mashed Potatoes & Gravy
Sweet Niblet Corn
Strawberries & Bananas
WW Roll & Butter
Milk**

17

****Ham & Cheese Panini
Choice of Chips
Seasoned Green Beans
Baby Carrots
Apple Slices & Caramel
Milk**

18

****Bosco Cheese Stick
Marinara Dipping Sauce
Romaine Salad w/Bar Fixin's
Peaches & Pears
Applesauce Cake
Milk**

21

****Chicken Drumsticks
Macaroni & Cheese
Seasoned Green Beans
Cucumber Slices w/Ranch
Diced Peaches
Milk**

22

****Hamburgers
Baked Beans
French Fries
Watermelon
Jello Square
Milk**

23

**Spaghetti & Meat Sauce
Garlic Bread Stick
Tossed Romaine Salad
w/Bar Fixin's
Diced Pears
Milk**

24

**Biscuit & Gravy
Scrambled Eggs
Hashbrown Triangle
Banana
Juice 4 U
Milk**

25

****Cheese Pizza
Fresh Veggie Bar
Fruit Cocktail
Rice Krispie Treat
Milk**

28

****Grilled Chkn Sandwich
Baked Beans
Baby Carrots
Fruit Mix Up
Pudding Cup
Milk**

29

**Baked Ham
Mashed Potatoes
Seasoned Green Beans
Fresh Fruit Cup
Whole Wheat Roll/Butter
Milk**

30

****Chicken Wrap
Shredded Lettuce & Tomato
Cucumbers & Broccoli Florets
Applesauce
Chocolate Cake
Milk**

31

****Stromboli Bites w/
Marinara Sauce
Tossed Romaine Salad
w/ Bar Fixin's
Pineapple/Mandarin Oranges
Snickerdoodle & Milk**

